Ability NB programs and services

Ability NB has various programs and services to benefit people with a mobility disability, their families and caregivers. A call to the organization at 1-866-462-9555 may help you or your family learn more about the options:

- **Peer Support**: offers the perspective of "someone who's been there" as a mentor, role model and connector in a one-on-one or group activity setting. Peer mentor volunteers have personal experiences with a mobility disability and have made positive personal adjustments. They provide support by listening, sharing experiences and providing practical information and tips.
- **Community Awareness and Navigation**: offers reliable resources on topics ranging from travel, vehicle modifications, adapted sport and recreation equipment, and referrals to other community programs and services. Ability NB provides workshops and many other opportunities for learning and training.
- Accessibility Review Service: Ability NB experts review facilities and community spaces to offer recommendations.
- **ParaNB**: helps engage New Brunswickers with a physical disability in para sport, recreation and active living.
- Equipment Loan Service: is a free provincial, bilingual service that increases access to adaptive sport and recreation equipment and devices, including multisport wheelchairs, handcycles, boccia and bowling ramps, hockey sledges, sit skis, racing chairs and more.
- New Brunswick Vehicle Retrofit Program: provides financial help of 80 per cent of the cost up to \$8,000 of the purchase and installation of eligible retrofitting and accessibility features for vehicles, including wheelchair/scooter lifts and ramps, hand controls, specialized seating, wheelchair tiedowns and safety restraint systems, as well as roof, floor and door alterations.