



# Nursing Home Application Process

**Are you \*65 or older? Are you needing more support than can be offered to you at home to safely manage your health and medical needs? Is it time to think about moving into a care home to have more help?**

If yes, the first step is to apply for the Department of Social Development's Long Term Care Program. The Department of Social Development will work with you and your family to determine how your care needs can best be supported. This includes looking at different care home options, such as nursing homes.

## How do I apply?

### Online

| Visit [socialsupportsnb.ca/ltc](https://socialsupportsnb.ca/ltc).

*Online applications are available 24 hours a day, 7 days a week.*

### By Phone

| Call the Department of Social Development at 1-833-733-7835 **Monday to Friday, between 8:15 a.m. and 4:30 p.m.**

Press 1 for English, or 2 for French. Press 3 to talk to someone about services for seniors. Tell the representative you would like to apply for the Long Term Care Program.

*\* If you under the age of 65, you may qualify to stay in a nursing home through the Disability Support Program. Visit [socialsupportsnb.ca/dsp](https://socialsupportsnb.ca/dsp) or call 1-833-733-7835 for more information.*

## What happens next?

Two things will happen after you have applied for the Long Term Care Program:

### **Functional Assessment**

You will be assessed to understand the amount of support you need to complete your daily activities. As part of this assessment, you will need to have a 'Physical Examination and History' form completed by a doctor or nurse practitioner.

### **Financial Assessment (optional)**

A Financial Needs Assessor will check if you qualify for financial help towards the cost of services. This assessment is only required if you are applying for financial support.

## If you are approved to live in a Nursing Home

- ✔ Your name will be added to the Provincial Nursing Home Waitlist.
- ✔ You will need to choose 2 equally preferred nursing homes that you would like to live in (your “preferred placement”).
- ✔ The nursing home will call you when a spot becomes available for you.
- ✔ If there is no vacancy in either of the 2 nursing homes you chose, you may be offered an “interim” option. An “interim placement” is another nursing home 100 kms or less from your home and which offers services in your language of choice. If you accept an offer of interim placement, your name will remain on the waitlists of the 2 nursing homes you selected.

You will be assigned a Case Manager from the Department of Social Development who will offer support and guidance while you are waiting to move into a nursing home.

### Contact Your Case Manager if:

- You want to change your choice(s) of **preferred** Nursing Homes
- You want to remain in your **interim** Nursing Home placement, and/or
- There are any **changes to your situation** (health, residence, location, etc.)

### Case Manager Name:

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## Declining a placement

If you live at home and decline a spot at either a preferred or interim placement, your name will be placed at the bottom of all waitlists. If you are in hospital and decline, discharge fees may apply according to regional health authority policies.

## Requesting a transfer to another Nursing Home

Anyone living in a nursing home can apply for a transfer to another nursing home at any time. To do this, contact the nursing home that you would like to move into and ask to put your name on that nursing home’s transfer list.

## For more information:

### | Social Supports NB

[socialsupportsnb.ca/nursing-homes](https://socialsupportsnb.ca/nursing-homes)

### | Aging in New Brunswick: A User’s Guide

[stu.ca/aging-in-nb](https://stu.ca/aging-in-nb)

### | Public Legal Education and Information Service of New Brunswick (PLEIS-NB)

[legal-info-legale.nb.ca](https://legal-info-legale.nb.ca) | search  
“going to a nursing home”

### | Do you need to know what supports exist in your community?

[nb.211.ca](https://nb.211.ca) or dial 2-1-1

Available in 150+ languages, 24 hours a day, 7 days a week.